

King and Cross || Break Free From Temptation

Group Notes

INTRODUCTION

A commissioning by God is often followed by a time of testing. The Gospel of Mark gives us a brief summary of the "war in the wilderness" in <u>Mark 1:9-13</u>. The battle begins there, but it will rage all the way to a Roman cross and an empty tomb.

CONVERSATION STARTERS

- 1. What do you like to do for fun?
- 2. What is one good thing happening in your life right now and what makes it good?

SERMON NOTES REVIEW

Looking back at your message notes from this weekend's teaching, was there anything that caught your attention, challenged you, or confused you?

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GROUP DISCUSSION

- 1. What is something you do to help overcome temptation in your life?
- 2. Read <u>Matt 4:1-11</u>. Why did the Holy Spirit lead Jesus to the wilderness? What do you think God wanted to accomplish through this 40 day event?
- 3. How could this time in the wilderness help prepare Jesus for the ministry that the Father had called Him to do?
- 4. What can we learn about Jesus' character from this experience?
- 5. Satan is a liar and a deceiver. How have you experienced that in your life? How can the realization that Satan is real change how we think/act?
- 6. How did Jesus respond to Satan's temptation (<u>Matthew 4:1-11</u>)? Like Jesus, we should use the truth of Scripture to protect ourselves from temptation. How is facing temptation all about trust?

PRAYER

Go around your group and ask for prayer requests. As a group, spend time praying over each other. If you are bold enough, maybe share an area that is an easy temptation for you and allow a group member to pray for you. Ask God to give you strength to trust Him and find the necessary scripture to counter the lies of culture and the enemy.



Jesus, you know all about tested faith. Because you stayed the course and followed your Father's will all the way to the cross, we have salvation in you. Help us to persevere like you did so we can finish the work God has entrusted to us. Thank you for the power of your word and Spirit to equip us to resist temptation. When the enemy comes sneaking around, help us to see his traps before we step into them. Amen.

ANNOUNCEMENTS

- Care Groups will start up the week of February 13. For more information and to sign-up, go to <u>care.sv.cc</u>
- Serve Day is coming up on February 18. This is a wonderful opportunity to serve our community together as a group/family. There are multiple projects to choose from across the East Valley. Serving together as a group is a great way to grow deeper in your friendships while supporting your local communities. For more information and to sign-up, go to <u>serveday.sv.cc</u>
- Summer Global Mission Trip registrations will be closing March 1. If you have been considering joining one of our teams in Nicaragua or South Africa, please be sure to secure your spot now with your \$100 deposit. For more information about our Global Mission Trip opportunities or to register, visit <u>world.sv.cc</u> or contact Ashley Smallwood at <u>asmallwood@sunvalleycc.com</u>